

How Does Coach AC Teach Super Stars?

Why can Anthony Chang teach students who target at getting into the NCAA Division One or even becoming a world class athlete, like the next Olympic candidate?

Anthony Chang not only knows all the secret of golf and tennis but also is able to apply focused power to golf and tennis sports.

Therefore, it does not matter the sport to require "Perfect Practice Makes Perfect" (PPMP) skills like golf or regular "Practice Makes Perfect" **PMP** skills like tennis, Anthony can slowly but surely lead all the secrets to his student step-by-step.

So, Coach Anthony can coach golf and tennis invisible *and* visible skills up to 100%; this is going to be equal to 95% of perfection.

What are the other 5% of ingredients?

- a. 96%: (1%) the size and structure of the body -- cannot teach, born with
- b. 97%: (1%) the height -- cannot teach, grow into
- c. 98%: (1%) the flexibility -- can teach some, very difficult to dedicate to
- d. 99%: (1%) can teach and inspire most of it, which is focusing power
- e. 100%: (1%) luck -- be inspired and changed, most of it as well.

To teach others where that luck comes from, consider

1. healthy body and mind,
2. kind and open heart,
3. positive thinking,
4. good tempo,
5. better relationship,
6. give a good praise,
7. constantly remain balanced,
8. other factors.