

Is golf DIFFICULT for you?



Anthony Chang is a
USGTF & USPTA Certified
Golf Instructor

Learn The Secret Like Magic

Just like Bruce Lee's Jeet Kune Do

with Instructor

ANTHONY CHANG'S

Innovative **QiGong** Technique

The ultimate goal of Qigong Golf is to control the "Qi" or energy to enhance focus and direct the ball toward the target beautifully and effortlessly.

"If I can do it, you can do it too!"



Benefits of QiGong Golf

BETTER FOUNDATION

Step-by-step - Improve yourself slowly but surely
Example: How to build the block

MORE TENSION FREE

Relax: Energy flows easily, easy to control
Example: Inhale and exhale

MORE STABLE & CONSISTENT

Clear path: Consistently greater accuracy
Example: Just like Bruce Lee's Jeet Kune Do

MORE POWERFUL SWING

Work Done = Force (Energy/Qi) x Distance
The key is sequential power

MORE CONFIDENCE

Better timing, rhythm and tempo

HEALTHIER

Better visualization: Feel more open-minded and get refreshed easily

SAVE MORE ENERGY

Produce right swing plane effortlessly and proudly

All Levels Accepted

- ✓ For Fun
- ✓ High School Students
- ✓ College Students
- ✓ Professional Training
- ✓ Certification Goal

Affordable Rates

Group Lessons

1-on-1 Coaching



QiGong GOLF
Most Creative Teaching Approach



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